



2021 DOD/VA
Suicide Prevention
 CONFERENCE

Make Every Connection Count: Putting the 7 Strategies for Suicide Prevention to Work

CONFERENCE OBJECTIVES LEGEND

- OBJECTIVE 1
- OBJECTIVE 2
- OBJECTIVE 3
- OBJECTIVE 4
- OBJECTIVE 5
- OBJECTIVE 6
- OBJECTIVE 7
- OBJECTIVE 8
- OBJECTIVE 9

Full conference objective details are listed on page 8.

Schedule At A Glance

(Schedule is subject to change)

DAY 1 - 10 AM – 5:30 PM EDT

10:00 – 10:10 AM

Opening Ceremony

10:10 – 10:30 AM

Welcoming Remarks

10:30 – 11:20 AM

Keynotes with Honored Guests

11:30 – 12:30 PM

■ ■ **Special Session:**

Highlighting the Critical Role Families and Caregivers Play in Suicide Prevention: Caring For the Caregiver

30-MINUTE INTERMISSION

1:00 – 2:00 PM

■ **Special Session:**

Promoting Connectedness, Sharing Tools and Practices: Working Together to Prevent Suicide

2:00 – 2:10 PM

Remarks From Honored Guest

20-MINUTE INTERMISSION/ACTIVITY

2:30 – 4:00 PM

■ **Special Session:**

Creating Protective Environments: Programs and Culture For Lethal Means Safety

5-MINUTE INTERMISSION

4:05 – 4:55 PM

Special Session:

Supporting Service Member and Veteran Readiness and Well-Being During the Military-to-Civilian Transition

4:55 – 5:00 PM

Day 1 Close

5:00 – 5:30 PM

Networking

DAY 2 - 9:30 AM – 5:30 PM EDT

9:30 – 10:00 AM

Networking

10:00 – 10:05 AM

Welcome to Day 2

10:05 – 10:55 AM

Keynotes with Honored Guests

5-MINUTE INTERMISSION

11:00 – 11:55 AM

BREAKOUT SESSION #1

11:00 – 11:05 AM

■ **Poster**

A Public Health Approach to Addressing the Deadly Gap: Utilizing the PREVENTS Strategy in a Peer Sponsorship Program

11:00 – 11:15 AM

■ **Lightning A**

Help-Seeking Among Psychiatrically Hospitalized Military Personnel at Risk For Suicide

■ **Lightning B**

Designing For Zero: Leveraging Zero Suicide and VHA's High Reliability Journey to Prevent Veteran Suicide in Manchester, NH

11:00 – 11:55 AM

■ **Campfire A**

Comprehensive Public Health Approach to Military Suicide Prevention: Translating Seven Evidence-Informed Strategies into Actionable Initiatives

■ **Campfire B**

Financial Well-Being and Suicide Risk in Veterans: From Research to Intervention

■ **Campfire C**

Coaching Into Care (CIC): The Role of CIC and Family Members in Suicide Prevention For Veterans Not Engaged in Care

■ **Campfire D**

The Global Pandemic and Well-Being Within Military and Veterans Communities: Potential Impacts, Current Actions, and Future Possibilities

■ **Campfire E**

Addressing the High-Risk Intersection of Alcohol, Firearms, and Suicide Through Research, Policy, and Practice

■ **Campfire F**

"Army of One" No More: The Army's Embedded Performance Experts Work to Influence Unit Culture

■ **Campfire G**

Lessons Learned Implementing REACH VET: A Suicide Predictive Modeling Clinical Program

11:20 – 11:35 AM

■ **Lightning A**

Improving Implementation of Suicide Prevention Strategies: Evaluation of AWP's Community Integration Model

■ **Lightning B**

Expanding Access: Suicide Prevention and Substance Misuse and Abuse Care in the Virtual Space

11:40 – 11:45 AM

■ **Poster**

Adherence to Psychotropic Medications in a High Risk For Suicide Veteran Population

11:40 – 11:55 AM

■ **Lightning A**

CDC's Strategic Plan For Suicide Prevention With a Focus on Veterans

■ **Lightning B**

Firearm Suicide Prevention: Stakeholder Views on Community Options For Temporary, Voluntary Storage

30-MINUTE INTERMISSION

12:30 – 1:25 PM

BREAKOUT SESSION #2

12:30 – 12:35 PM

■ **Poster**

Continuous Identity Cognitive Therapy (CI-CT): Identity-Based Treatment For Veterans With Suicidality

12:30 – 12:45 PM

■ **Lightning A**

Differentiating Risk Factors Related to Religion and Spirituality For Suicide Ideation and Attempts Among Post 9/11 Veterans

■ **Lightning B**

Increasing Access to Suicide Prevention and Outpatient Care Among Rural Veterans Through the Home-Based Mental Health Evaluation (HOME) Program

12:30 – 1:25 PM

■ **Campfire A**

Critical Collaborations: Applying Lessons Learned From VA/SAMHSA Challenge Models to Engage Partners in the CDC Seven Strategies

■ **Campfire B**

Updating CDC's Technical Package For Suicide Prevention: New Evidence and Application For Use in Times of Infrastructure Disruption

■ **Campfire C**

Suicide Prevention in the Digital Age: Using a Mobile App to Create a Safety Plan

■ **Campfire D**

Making Every Connection Count: Therapeutic Risk Management Approach to Welfare Checks

■ **Campfire E**

Design For Life: Applying Design Thinking to Veteran Suicide Prevention

■ **Campfire F**

Ask, Care, Escort – Suicide Intervention: The Army's Only Mandated Suicide Intervention Training

■ **Campfire G**

Educating on Safe Messaging on Suicide in the Military Community

12:50 – 12:55 PM

■ **Poster**

Pathways Day Activities Center Creates Connection

12:50 – 1:05 PM

■ **Lightning A**

Meeting Airmen Where They're At: A Department-Wide Effort to Obtain Airmen's Feedback on Resilience and Prevention... and Act!

■ **Lightning B**

TelePRIDE: Innovations in Healthcare Access and Social Connection For LGBT Veterans During the Pandemic

1:10 – 1:15 PM

■ **Poster**

Assessment and Management of Patients at Risk For Suicide - 2019 VA/DoD Clinical Practice Guideline

1:10 – 1:25 PM

■ **Lightning A**

Today's VA Knows How to Meet Women Veterans' Mental Health Care Needs to Enhance Resilience and Reduce Suicide Risks

■ **Lightning B**

Beliefs Among Veteran Firearm Owners Regarding When Clinicians Should Discuss Firearm Safety With Patients

5- MINUTE INTERMISSION

1:30 – 2:25 PM

BREAKOUT SESSION #3

1:30 – 1:35 PM

■ **Poster**

Restricting Access to Lethal Means Through COVID-19 Pandemic

1:30 – 1:45 PM

■ **Lightning A**

Evidence-Based Strategies to Reduce Suicide in the United States Military

■ **Lightning B**

Firearm Suicide Prevention in Older Adults: Owners' Perspectives on "Firearm Retirement"

1:30 – 2:25 PM

■ **Campfire A**

Evaluation Capacity and Beyond: Supporting Veteran Serving Organizations For Suicide Prevention

■ **Campfire B**

Mechanisms For Implementation of VA National Suicide Prevention Programs

■ **Campfire C**

Going SLO For Prevention: Implementation and Evaluation of Lethal Means Safety in the Department of the Air Force

■ **Campfire D**

I've Got Your Six: Training Soldiers to Intervene With Battle Buddies at Risk

■ **Campfire E**

The Army's Embedded Performance Experts in Action: Teaching and Coaching Psychological Skills and Concepts

■ **Campfire F**

An Intervention to Address Barriers to Care and Normalize Help-Seeking Among Military Spouses

1:50 – 1:55 PM

■ **Poster**

Reducing Suicide by Providing Cognitive Behavioral Therapy

1:50 – 2:05 PM

■ **Lightning A**

A Multi-Prong Approach to Assessing Suicide Deaths Among Military Family Members

■ **Lightning B**

Lethal Means Access During the COVID-19 Pandemic: Understanding Changes in Veterans' Access to Firearms

2:10 – 2:25 PM

■ **Lightning A**

Means Safety Counseling For Suicide Prevention: Views of Emergency Department Clinicians

■ **Lightning B**

Mental Health Clinical Pharmacy Specialist Engagement of Veterans Identified as High Risk For Suicide

5- MINUTE INTERMISSION

2:30 – 3:25 PM

BREAKOUT SESSION #4

2:30 – 2:35 PM

■ *Poster*

Strengthening Community Suicide Crisis Intervention Through Crisis Intercept Mapping

2:30 – 2:45 PM

■ *Lightning A*

Partnering With FFLs to Provide Voluntary Storage of Firearms

■ *Lightning B*

From Risk to Resilience: Preferences and Needs For Community Engagement After Psychiatric Hospitalization

2:30 – 3:25 PM

■ *Campfire A*

Military Culture and the Implementation of Community-Based Suicide Prevention

■ *Campfire B*

Recognizing and Mitigating Suicide Risk Among Transgender Veterans

■ *Campfire C*

Preventing Veteran Firearm Suicide: What Clinicians Can Do

■ *Campfire D*

Leveraging Simulated Training to Enhance DoD and VA Chaplains' Connectedness With Suicidal Service Members and Veterans

■ *Campfire E*

Promoting Connectedness in the Navy: Empowering Sailors to Remain Resilient through Rough Seas

■ *Campfire F*

The Power of Sharing Narrative: Journaling, Structured Writing, and Music as Coping For Anxiety, Depression, PTSD, and Suicide Risk For Veterans

■ *Campfire G*

Impact of a Zero Suicide Approach on Suicide Attempts, Completions, & Psychiatric Hospitalizations in the USAF

2:50 – 2:55 PM

■ *Poster*

Social Support and Social Stress Are Associated With Depressive Symptoms and Hopelessness Among Military Suicidal Inpatients

2:50 – 3:05 PM

■ *Lightning A*

VA's Behavioral Health Autopsy Program (BHAP): Family Interview Findings on Lethal Means

■ *Lightning B*

O28 – Building Social Connectedness in the Reserve Component During the Other 28 Days

3:10 – 3:25 PM

■ *Lightning A*

Bringing us to Tiers: Development and Implementation of Tiered Annual Training For the Department of the Air Force

■ *Lightning B*

Art-Making Workshops and Veterans at Elevated Risk For Suicide: Psychological Benefits and Engagement With VA Resources

5- MINUTE INTERMISSION

3:30 – 4:25 PM

BREAKOUT SESSION #5

3:30 – 3:35 PM

■ *Poster*

Suicide Postvention in Garrison: Lessons Learned From Army Leaders, Behavioral Health Providers, and Chaplains

3:30 – 3:45 PM

■ *Lightning A*

Overview of a Veteran Peer Outreach Project Designed to Reduce Veteran Suicides by Engaging Veterans Who Are Not in VA Health Care

■ *Lightning B*

The Impact of Complementary and Integrative Health (CIH) Interventions and Their Relevance to Suicide Prevention

3:30 – 4:25 PM

■ *Campfire A*

Suicide Prevention Skills For Providers: A Model For Post-Training Consultation

■ *Campfire B*

Toward Fewer Firearm Related Suicides: Understanding the Concept of Firearm Safety Among Service Members and Veterans

■ *Campfire C*

Update on Making the Environment Safe For Suicidal Veterans in VHA

■ *Campfire D*

Shifting the Mindset on Help-Seeking in the Military: REACH Field Test Results and Next Steps

■ *Campfire E*

Basic Connections: The Development of a Course For Coping With Failure in Basic Combat Training

■ *Campfire F*

The Expiration Term of Service Sponsorship Program: An Evidence-Based Approach to Foster Social Support, Mitigate Transition Stress, and Prevent Suicide For Transitioning Service Members

3:50 – 4:05 PM

■ **Lightning A**

Peer-Supported Psychosocial Interventions For Service Members and Veterans: A Systematic Review

■ **Lightning B**

Mental Health Treatment Engagement Following Suicide Risk Screening in the Veterans Health Administration

4:10 – 4:15 PM

■ **Poster**

Suicide Prevention Among Veterans: Understanding Veterans' and Gun Dealers' Preferences For Firearm Storage Outside the Home

4:10 – 4:25 PM

■ **Lightning A**

Ready For Action: Utilizing a Scorecard Tool to Advance State-Level Suicide Prevention Efforts

15-MINUTE INTERMISSION/ACTIVITY

4:40 – 5:00 PM

Day 2 Closing Remarks From Honored Guest

5:00 – 5:30 PM

Networking

DAY 3 - 9:30 AM – 4:20 PM EDT

9:30 – 10:00 AM

Networking

10:00 – 10:05 AM

Welcome to Day 3

10:05 – 10:20 AM

Day 3 Opening Remarks From Honored Guest

10:20 – 11:20 AM

■ **Special Session:**

Strengthening Economic Supports For Service Members, Veterans, and Their Families

10-MINUTE INTERMISSION/ACTIVITY

11:30 AM – 12:25 PM

BREAKOUT SESSION #1

11:30 – 11:35 AM

■ **Poster**

Suicide Risk and Frontal Brain Volume in Female Veterans

11:30 – 11:45 AM

■ **Lightning A**

Mindfulness-Based Cognitive Therapy For Preventing Suicide in Military Veterans: A Randomized Clinical Trial

■ **Lightning B**

From Data to Action: Development of a High-Risk Index Tool For State-Level Upstream Veteran Suicide Prevention Efforts

11:30 – 12:25 PM

■ **Campfire A**

Talking About What Works: Emergent Themes From a Military-Affiliated Suicide Prevention Podcast Series

■ **Campfire B**

Got Culture?: Bridging Research and Practice to Implement Culturally Responsive Resilience and Prevention Messaging

■ **Campfire C**

Building New Models For Military Suicide Death Reviews: Challenges and Lessons Learned From the US and UK

■ **Campfire D**

Suicide Postvention in VA: Programs, Perspectives and Future Directions

■ **Campfire E**

CAPE (Creating a Protective Environment): An Intervention to Engage Community Partners in Suicide Awareness and Lethal Means Safety

■ **Campfire F**

Developing, Applying and Implementing PREVENTS Focus Areas and Recommendations Through a Veteran Suicide Prevention Community Task Force

11:50 AM – 12:05 PM

■ **Lightning A**

Protocol: Hybrid Effectiveness-Implementation Trial of a Dialectical Behavior Therapy Skills Group For Veterans at High-Risk For Suicide Attempt

■ **Lightning B**

Next "Step(s)" in Suicide Prevention: Making our Veteran/Patients "Sweat" About Their Mental Health

12:10 – 12:25 PM

■ **Lightning A**

Utilizing the Couple Relationship to Prevent Suicide: Preliminary Examination of Treatment For Relationships and Safety Together (TR&ST)

12:20 – 12:25 PM

■ **Poster**

Suicide Risk Following Veterans Crisis Line Calls by Veterans in VHA Care, 2010-2018

35-MINUTE INTERMISSION

1:00 – 1:55 PM

BREAKOUT SESSION #2

1:00 – 1:05 PM

■ **Poster**

The Interacting Effects of Arrest, Major Depression, and Substance Use Disorders on Self-Harm Behavior in Adult Men

1:00 – 1:15 PM

■ **Lightning A**

LivingWorks' Role in Helping Create Suicide Safer Military Communities

■ **Lightning B**

Recruiting, Retaining, and Engaging Transitioning Service Members in VA Suicide Prevention Services & Community Services

1:00 – 1:55 PM

■ **Campfire A**

Leveraging Implementation Science to Implement and Refine the Zero Suicide Model

■ **Campfire B**

Integrating Efforts to Prevent and End Suicide Within VHA Homeless Programs

■ **Campfire C**

Community Mobilization, The First Line of Defense

■ **Campfire D**

988: Improving Behavioral Health Crisis Care Through the Veterans Crisis Line and National Suicide Prevention Lifeline

■ **Campfire E**

Connections Between Suicide Risk and Intimate Partner Violence: Examples in the LGBTQ Veteran Community

■ **Campfire F**

How to Earn Suicide Prevention Mass Media Messaging Through Community Partnerships

■ **Campfire G**

Filling Remaining Gaps in the DoD's Suicide Risk Care Procedures

1:20 – 1:35 PM

■ **Lightning A**

Suicide Prevention and Postvention as a Leadership Skill: A Developmental, Tiered Approach to Air Force Professional Military Education

■ **Lightning B**

Validation of a Computerized Adaptive Test Suicide Scale (CAT-SS) Among United States Military Veterans

1:40 – 1:45 PM

■ **Poster**

The Suicide Prevention and Recovery Care-Coordination (SPARC) Program Development Initiative

1:40 – 1:55 PM

■ **Lightning A**

The Crisis Intercept Map For Suicide Prevention – An Evidence-Based Tool For Community-based Suicide Prevention For Veterans

■ **Lightning B**

Picture This: Mental Wellness and Suicide Prevention

5-MINUTE INTERMISSION

2:00 – 2:55 PM

BREAKOUT SESSION #3

2:00 – 2:05 PM

■ **Poster**

Transitioning From Inpatient Psychiatric Care: Reflections From Recently Psychiatrically Hospitalized Veterans

2:00 – 2:15 PM

■ **Lightning A**

Tiered Innovations: Development and Demonstration of a Department of the Air Force Virtual Reality Suicide Prevention Training

■ **Lightning B**

Evidence-Based Care after Hospitalization: Risk Management and Interventions

2:00 – 2:55 PM

■ **Campfire A**

High- and Low-Risk Markers of Suicide Risk: Medication Use and Polypharmacy in Older Veterans

■ **Campfire B**

Creative Suicide Prevention Interventions For Older Adults

■ **Campfire C**

The Army's Deployment Cycle Resilience Training: Enhancements to Promote Suicide Protective Factors For Soldiers and Their Circle of Support

■ **Campfire D**

Continuous Remote Monitoring of Imminent Suicide Risk: From "Caring Contacts" to AI-Augmented Care in Vulnerable Populations

■ **Campfire E**

How the Military Can Lead on Data Driven Suicide Prevention: Leveraging Industry Assets and Analytics to Understand High Risk Populations

■ **Campfire F**

Essential Partnership: How to Foster VA & Community Collaboration For Upstream Veteran Suicide Prevention

2:20 - 2:25 PM

■ **Poster**

Trauma-Informed Healing: Yoga and Mindfulness-Based Practice For Suicide Prevention in Service Members, Veterans, and Military Families

2:20 - 2:35 PM

■ **Lightning A**

The Family Tier: Development, Implementation, and Utilization of an Online Suicide Prevention Training For Air Force Families

■ **Lightning B**

Perceived Changes in Service Members' Social Interactions Following Psychiatric Hospitalization For a Suicidal Crisis

2:40 - 2:55 PM

■ **Lightning A**

ASCEND For Veteran Suicide Prevention: Developing a National, Recurring, Population-Based Survey of Self-Directed Violence

■ **Lightning B**

Stay in the Fight: Encouraging Veterans and Service Members to Seek Mental Health Treatment to Help Their Comrades

5-MINUTE INTERMISSION

3:00 - 3:55 PM

BREAKOUT SESSION #4

3:00 - 3:15 PM

■ **Lightning A**

Nonfatal Suicidal Behaviors Among Former Active Duty Service Members—United States, 2013–2019

■ **Lightning B**

Couples Crisis Response Planning For Suicide Prevention Among Active Duty Service Members Hospitalized For Suicidality

■ **Lightning C**

Rational Thinking, Emotion Regulation and Problem Solving (REPS): Development/Feasibility of a Universal Approach For Military Suicide Prevention

3:00 - 3:55 PM

■ **Campfire A**

Responding to Moral Distress and Moral Injury in the Time of COVID-19: Intervention and Prevention For Providers, Veterans, and Service Members

■ **Campfire B**

Risk-Based Proactive Case Management: A Multi-State Trial

■ **Campfire C**

The Manifestation of the Suppressed Emotion in Uniformed Personnel

■ **Campfire D**

Putting Postvention as Prevention into Action Across the Air Force: The Development and Codification of a Wing-Level Postvention Plan

■ **Campfire E**

Translating Survivors' Voices into Actionable Postvention Support For the Military Community

3:20 - 3:25 PM

■ **Poster**

Warrior Resiliency Workshops For Service Members

3:20 - 3:35 PM

■ **Lightning A**

Utilization Review of Patient Record Suicide Risk Flags in a VA Healthcare System

■ **Lightning B**

Evaluation of PsychArmor's Online Suicide Prevention and Postvention Training Library

■ **Lightning C**

Suicide Prevention in the National Guard: Visualizing Solutions

5-MINUTE INTERMISSION

4:00 - 4:20 PM

Closing Remarks & Closing Ceremony

CONFERENCE OBJECTIVES LEGEND

- **OBJECTIVE 1:** Understand and apply the CDC's **seven evidence-informed, broad strategies** for suicide prevention.
- **OBJECTIVE 2: Strengthen economic supports** (STRATEGY 1) in the community or area of practice to impact suicide prevention efforts, such as household financial security and housing stabilization policies.
- **OBJECTIVE 3: Strengthen access and delivery of suicide care** (STRATEGY 2) in their community or area of practice by increasing help-seeking, reducing barriers to care, and improving access to care and resources (e.g., coverage of mental health in health insurance, provider shortages, and suicide care).
- **OBJECTIVE 4: Create protective environments** (STRATEGY 3) in their community or area of practice through the reduction of access to lethal means, safe storage of lethal means, and review of organizational and community-based policies and culture.
- **OBJECTIVE 5: Promote connectedness** (STRATEGY 4) in their community or area of practice through peer support programs and other community engagement activities, as well as improving workplace morale/cohesion.
- **OBJECTIVE 6: Teach coping and problem-solving skills** (STRATEGY 5) such as social-emotional learning programs and family relationship programs that impact suicide prevention efforts.
- **OBJECTIVE 7: Identify and support people at risk** (STRATEGY 6) of suicide through support tools such as gatekeeper training, crisis intervention, and treatment.
- **OBJECTIVE 8:** Apply approaches to **lessen harms and prevent future risk** (STRATEGY 7) in their community or area of practice through postvention and safe reporting and messaging about suicide.
- **OBJECTIVE 9: Leverage community and interagency approaches** around mental health and suicide; and apply existing best practices, research, and programs in our communities.